

Patrick Bénézi 7th *dan shihan*

October 26–28, 2018, in Helsinki (Finland)

Schedule:

Friday, Oct. 26
19.30–21.00

Saturday, Oct. 27
11.00–13.00
15.30–17.00

Sunday, Oct. 28
10.00–12.00

Fees: 50 € / whole seminar
40 € / two days
15 € / one training session



Venue:

Liikuntamyylly Sports Hall, Myllypurontie 1, Helsinki. (Metro: Myllypuro)

Accommodation: Accommodation possibility at the dojo of Awase Club (Cable Factory, Tallberginkatu 1 C, 4th floor, Helsinki). Bring your sleeping bag. Price: 5 € / night.

Social events:

All those who would be interested in joining us for eating in a restaurant on Friday and/or Saturday evening should contact Mari by October 21 at the latest.

Contact:

Mari Wiklund: mari@finnaiki.fi

WELCOME!



The seminar is organized by Finn-Aiki Club.

www.finnaiki.fi