

AIKIDO SEMINAR



under the direction of
Pascal Guillemain *sensei* (6th *dan*)
in Helsinki (Finland),
January 25–27, 2019

Venue: Liikuntamyly Sports Hall, Jauhokuja 3, Helsinki
Metro: Myllypuro (Direction: Mellunmäki)

Schedule:

Friday Jan. 25:	19.30–21.00
Saturday Jan. 26:	10.00–12.00
	14.30–15.30 <i>bokken</i> or <i>jo</i> *
	15.30–16.30
Sunday Jan. 27:	9.00–10.30

* Please bring your own *bokken* and *jo*.

Fees: Whole seminar: 50 €
Two days: 40 €
One training session: 15 €

Accommodation: It is possible to stay overnight at Awase dojo (Cable Factory, Tallberginkatu 1 C, 4th floor, Helsinki). Price: 5 € / night. Please bring your sleeping bag!

Further information: Mari Wiklund: mari@finnaiki.fi

The seminar is organized by Finn-Aiki club (www.finnaiki.fi). Welcome!! ☺